## For more information...

Contact your local Home-Start for an informal chat:

## **Home-Start West Lothian**

Cameron House, 13a Fairbairn Road, Kirkton North, Livingston, West Lothian, EH54 6TS

Tel: 01506 415755

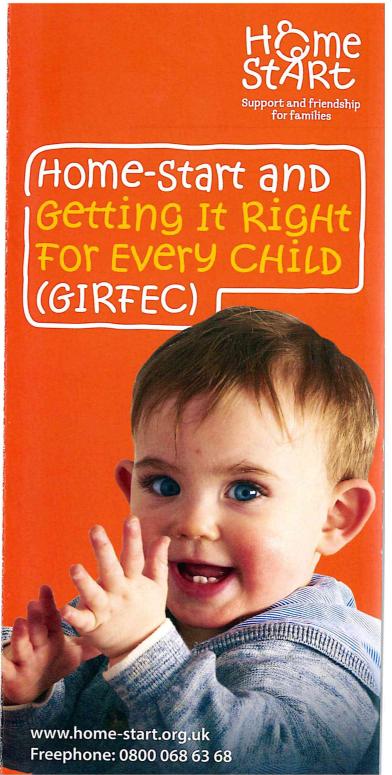
E-mail: Admin@homestartwl.org.uk Website: www.homestartwl.org.uk

Visit our website to find out more and locate your local Home-Start: www.home-start.org.uk

Call our free information line: 0800 068 63 68

Produced by Home-Start UK on behalf of all local Home-Starts in Scotland. Home-Start UK, The Home-Start Centre 8-10 West Walk, Leicester, LE1 7NA





## THE WELLbeing of CHILDren is at the Heart of Home-Start's Work

We ensure that support for every family is tailored to their individual needs.

Our experienced volunteers are trained and supported to work effectively within the GIRFEC approach.

Home-Start has a robust Monitoring and Evaluation system. This enables us to show a child's journey of change using the SHANARRI indicators.



We work towards Getting It Right For Every Child (GIRFEC) by supporting parents to cope with adversity and build resilience.

Home-Start volunteers enable parents to increase their confidence and ability to meet their children's needs.

Our work in partnership with parents and other services helps them effect positive change in their children's wellbeing.

We measure that change using the SHANARRI wellbeing indicators:

**Safe** – Developing warm, consistent parenting in a safe environment

**Healthy** – Understanding their child's physical and mental health needs and the services available

**ACHIEVING** — Making learning fun, understanding child development and supporting children to reach full potential

**NUTTURED** — Providing warm and caring family relationships that promote positive attachments

**ACTIVE** – Creating or providing appropriate opportunities for play and recreation with their children

Respected — Listening to their children and responding appropriately

Responsible – Involving their children in roles within the home

**INCLUDED** — Expanding their children's social networks and utilising community services